

# CATAWBA COUNSELING ASSOCIATES, PLLC

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704-829-2005  
704-829-006(f)

*Victoria V. Grantham, M.S.W.*

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## TeleTherapy Via Web

I understand that TeleTherapy is a relatively new option for receiving psychotherapy. G Suite by Google is a HIPAA-compliant format that is used to meet with clients via video. A business agreement is in place with G Suite stating all Personal Health Information privacy is maintained through the use of this platform. All efforts to maintain privacy will be adhered to. Not all clients will benefit from this format and it is at the discretion of the provider to offer this method of therapy to a potential, current or former client. It is unclear at this time if any insurance policies are reimbursing for tele health. Client takes full responsibility for determining whether they will be reimbursed for sessions.

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist

\_\_\_\_\_  
Date

## Audio/Video Recording Release Form

**I voluntarily agree to have my therapy sessions audio and/or video recorded.** I understand that I will receive services whether or not I agree to audio or video recording of sessions. I understand that I may request that specific sessions or parts of sessions not be recorded or that they be erased, and that I may at any time request to listen to a recording. These recordings are **CONFIDENTIAL** and will only be used by Victoria V. Grantham and her supervisor(s) for improving the client's therapy by pursuing additional training and certifications.

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist

\_\_\_\_\_  
Date